



Travel Guidelines for Health-Care Workers Only

Travel Destination	Fully Vaccinated	Not Fully Vaccinated
Atlantic Provinces and specific areas in Quebec*	<ul style="list-style-type: none">• Self monitor	<ul style="list-style-type: none">• Remain out of the workplace for 14 days following return to New Brunswick
Outside of the Atlantic Provinces and specific areas in Quebec*	<ul style="list-style-type: none">• Sentinel Swab Day 5• Continue to work• Self monitor	<ul style="list-style-type: none">• Remain out of the workplace for 14 days following return to New Brunswick• Swab required on day 10
Outside of Canada	<ul style="list-style-type: none">• Day 1 testing done as per federal requirements followed by sentinel testing done on Day 5 and Day 10 with negative test required prior to return to the workplace• Continue to work between Day 1 and Day 10 as long as test results are negative• <i>If not immediate return to the workplace, negative testing done 24 hours prior to first return to work date and subsequent testing as required by Employee Health & Wellness</i>	<ul style="list-style-type: none">• Remain out of the workplace for 14 days following return to New Brunswick• Swab required on day 10

Atlantic Provinces: New Brunswick, Nova Scotia, PEI, Newfoundland and Labrador; and the following **specific areas in Quebec: Avignon and Témiscouata regional counties and Listuguj First Nation*

Outside of the Atlantic Provinces and Specific Areas in Quebec (see above *)

- Agree to testing upon return to the workplace with notification to Employee Health and Wellness regarding tests
- Health-care workers are responsible to book their own swabs: [COVID-19 Testing and Tracing](#)

Outside of Canada

- Health-care workers must have approval from manager
- Must have applied for ArriveCan travel registration
- Must provide EM/ANB Employee Health & Wellness with documentation of vaccination status
- Agree to testing upon return to the workplace with notification to Employee Health & Wellness regarding tests
- Health-care workers are responsible to book their own swabs: [COVID-19 Testing and Tracing](#)