

## Travel Guidelines for Health Care Workers

Travel Destination	Fully vaccinated	1 <sup>st</sup> dose of vaccine or less than 2 weeks since 2 <sup>nd</sup> dose	No vaccines or refuses testing
Atlantic Provinces	<ul style="list-style-type: none"> <li>Self monitor.</li> </ul>	<ul style="list-style-type: none"> <li>Self monitor.</li> </ul>	<ul style="list-style-type: none"> <li>Self monitor.</li> </ul>
Quebec	<ul style="list-style-type: none"> <li>Self monitor</li> </ul>	<ul style="list-style-type: none"> <li>Remain out of workplace for 10 days with negative testing prior to return.</li> <li>Follow Work Isolation Guidelines Day 11-14.</li> </ul>	<ul style="list-style-type: none"> <li>Remain out of the workplace for 14 days.</li> </ul>
Western Canada Starting in Ontario	<ul style="list-style-type: none"> <li>Sentinel swab Day 10</li> <li>Continue to work</li> <li>Self monitor.</li> </ul>	<ul style="list-style-type: none"> <li>Remain out of workplace for 10 days with negative testing prior to return.</li> <li>Follow Work Isolation Guidelines Day 11-14.</li> </ul>	<ul style="list-style-type: none"> <li>Remain out of the workplace for 14 days.</li> </ul>
Outside of Canada	<ul style="list-style-type: none"> <li>Day 1 testing done as per federal requirements followed by sentinel testing Day 5 and 10 as applicable.</li> <li><b><i>If not immediate return to the workplace, testing done 24 hours prior to first return date to workplace and subsequent testing as required by Horizon protocol.</i></b></li> </ul>	<ul style="list-style-type: none"> <li>Day 1 testing done as per Federal requirements.</li> <li>Remain out of the workplace for 10 days with negative testing prior to return.</li> <li>Follow Work Isolation Guidelines.</li> </ul>	<ul style="list-style-type: none"> <li>Remain out of the workplace for 14 days.</li> </ul>

**Employee Health: 1-833-978-2580**

- Atlantic Provinces – no restrictions
- Quebec – no restrictions for fully vaccinated HCW's, others follow restrictions of the rest of Canada
- Western Canada beginning in Ontario:
  - Must provide Employee Health with documentation of vaccine status
  - Agree to testing upon return to the workplace with notification to Employee Health regarding tests
  - Health care workers are responsible to book their own swab – [COVID-19 Testing and Tracing \(gnb.ca\)](#)
- Outside of Canada:
  - Health care worker must have approval from manager
  - Must have applied for ArriveCan travel registration
  - Must provide Employee Health with documentation of vaccine status
  - Agree to testing upon return to the workplace with notification to Employee Health regarding tests
  - Health care workers are responsible to book their own swabs – [COVID-19 Testing and Tracing \(gnb.ca\)](#)