

**To:** All staff and physicians  
**From:** Erin Crandall, acting Chief Human Resource Officer  
**Date:** June 18, 2021  
**Re:** **Travel Guidelines and Screening Criteria for Horizon Staff and Physicians**

## Travel guidelines for staff and physicians

We appreciate the confusion caused by the recent memos from GNB related to the ability of health care workers to travel.

As our borders open up, it is still imperative that we all remain vigilant in protecting our health-care system, ensuring our hospital and human resource capacity is maintained.

It has been decided that Horizon will continue to apply Phase Yellow rules throughout the organization. Furthermore, in conjunction with internal and external stakeholders, it has been decided that new travel rules will be implemented. As such, please make note of the following travel guidelines:

- Employees and physicians may travel from New Brunswick to enhanced Atlantic Bubble: PEI, N.S., Nfld, and the counties of Avignon (Quebec) and Temiscouata (Quebec) without the need for isolation upon return.
- Employees and physicians who travel outside of enhanced Atlantic Bubble to another Canadian location **when fully immunized** (1 week after 2<sup>nd</sup> dose) must notify their manager/clinical chief and local Medical Staff Office of the anticipated travel for approval in advance of their departure. Upon return, these employees and physicians will be required to self-monitor for symptoms and be swabbed at days 1, 5, and 10.
- Employees and physicians who travel outside of enhanced Atlantic Bubble to another Canadian location **when not fully immunized** (or those who refuse to provide proof of vaccination) will be required to remain off work for 10 days upon return. Vacation time and other banked time may be used for the entire

duration that the employee or physician remains off work if approval was obtained from the manager / clinical chief in advance of travel.

- International travel will be reviewed on a case by case basis and include history of immunization and Covid activity level in country of travel. Directives from the Government of Canada will have to be respected.

We thank you for your continued diligence as we assist New Brunswickers in the Path to Green.

### **Updated screening criteria for staff and physicians**

The screening questions for employees and physicians have been updated, today, June 18. Please review [below](#) and [here](#). All posters are available on the [Coronavirus Skyline page](#).

If you answer yes to any of the questions, you are not to enter the facility. You must contact Employee Health at 1-833-978-2580 for further screening and possible referral to a COVID-19 assessment centre. Patient and visitor screening questions can be found [here](#).

**#1:** Do you have **TWO OR MORE** of the below symptoms?

- FEVER/SIGNS OF FEVER (e.g., chills, feeling hot/cold, shivers, etc.)
- NEW COUGH OR A COUGH THAT IS GETTING WORSE \*
- SORE THROAT \*
- RUNNY NOSE \*
- HEADACHE \*
- DIARRHEA
- LOSS OF TASTE OR SMELL \*
- NEW ONSET OF MYALGIA (muscle pain) \*
- NEW ONSET OF FATIGUE \*

\* If you have **one** of the symptoms above, you may continue in to work but you must contact Employee Health for assessment and COVID-19 testing.

**#2:** Have you been outside of the extended Atlantic Bubble in the last 14 days for any reason including work?

**#3:** Have you had close contact without the use of appropriate protective equipment with a **CONFIRMED** case of COVID-19 and have not been cleared by Employee Health to return to work?

**#4:** Have you been in contact with Employee Health related to a previous screening and have had symptoms worsen since that time?

Employee Health and Wellness is available daily from 8 a.m. to 8 p.m. to answer any questions or concerns – please call 1-833-978-2580.

If Employee Health is not available to answer your call, please leave a voicemail with your name and contact information. Your call will be returned by Employee Health within two hours, between 8 a.m. and 8 p.m.