



IMPROVE LIFE.

To: All staff and physicians
From: Dr. Gurpreet Singh-Ranger, MD, Upper River Valley Hospital
Dr. Vett Lloyd, PhD, Mount Allison University
Dr. Melanie Wills, PhD, University of Guelph
Date: May 13, 2021
Re: **Invitation to Participate in Study Related to COVID-19**

Study on long-term health outcomes related to COVID-19

Horizon, Mount Allison University and the University of Guelph would like to invite you to take part in a study of long-term health outcomes among individuals with suspected or confirmed COVID-19, and the presence of these symptoms in individuals at high risk of being infected.

Frontline employees are considered at high risk of contracting COVID-19, so your participation in this study would be greatly appreciated. Click [here](#) to access the study.

Some patients with COVID-19 report ongoing, relapsing, or evolving symptoms beyond the expected time for recovery.

Long-term complications have been described for a number of infectious diseases, although it is not clear why this happens, and why some people are affected more than others.

The goal of this study is to understand and review the types of long-term symptoms that people may experience as a result of COVID-19, and to also get a sense of how common these types of symptoms may be "in the background," even if frontline workers have not had the disease.



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This study takes the form of an online survey and is open to all people who wish to participate. This survey will ask you about yourself, your medical history, your exposure to and experiences with COVID-19 and its potential effect on your life.

The online questionnaire should take approximately 15 minutes to complete, unless you wish to elaborate on other health conditions in the comment boxes. You may complete the questionnaire in one sitting or save it and resume later.

Your participation in the study is entirely voluntary. You may choose to participate or not, and you can change your mind at any point before submitting the survey.

No one will know that you have participated in this survey unless you choose to tell them. Those completing the survey will also be eligible to participate in one or both of two follow-up studies, one involving a follow up in approximately one year and the other looking at markers in blood and urine.

Your responses will be confidential, and the results of the survey will be presented so that no specific individuals can be identified.

There are no direct, immediate benefits to participating in the study. However, your contribution to this study is important because it will help our research team to understand the experiences of people with presumed and confirmed COVID-19.

In the future, the results may be used to improve the outcomes of those with longstanding symptoms.